



Rekindling True Love

The word "stir up" anazōpureō = mean to keep blazing



Renew

Colossians 3:10 (KJV)

10 And have put on the new man, which is renewed in knowledge after the image of him that created him:

2 Corinthians 4:16 (KJV)

16 For which cause we faint not; but though our outward man perish, yet the inward man is renewed day by day.



things right in your marriage? Remember what attracted you to your husband. What are his strengths? Write them down.

❖ **Repair** – Wounded spirits need immediate attention. How can your spirit become wounded? What to do in the event that your husband does not take the lead?

❖ **Heal** – Always begin with true forgiveness. After you forgive, choose to let it go. Make sure that your words and actions are mixed with the right spirit and attitude.

Reconcile

**1 Corinthians 7:10-11
(KJV):**

10 And unto the married I command, yet not I, but the Lord, Let not the wife depart from her husband:

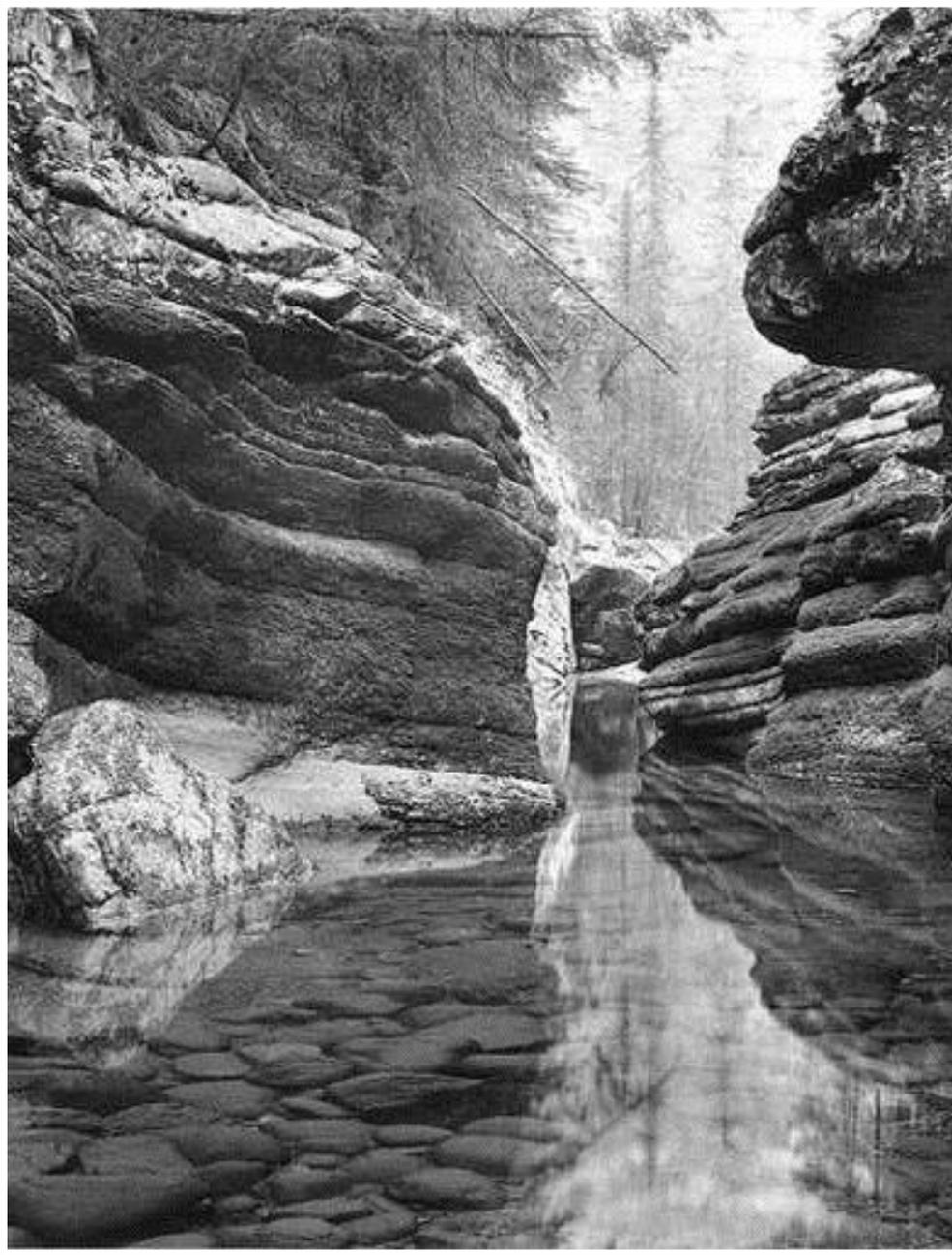
11 But and if she depart, let her remain unmarried, or be reconciled to her husband: and let not the husband put away his wife.





- ❖ **Put wrongs to right**– Confront with the truth in love
- ❖ **Reunite**– If you have closed off your spirit to you husband, you should be aware of the results then make a decision to let him in.
- ❖ **Resolve**– Make your mind up. Be determined to get to the bottom of the matter, then put an end to and settle it.

Replenish



Ephesians 5:22-24 (KJV):

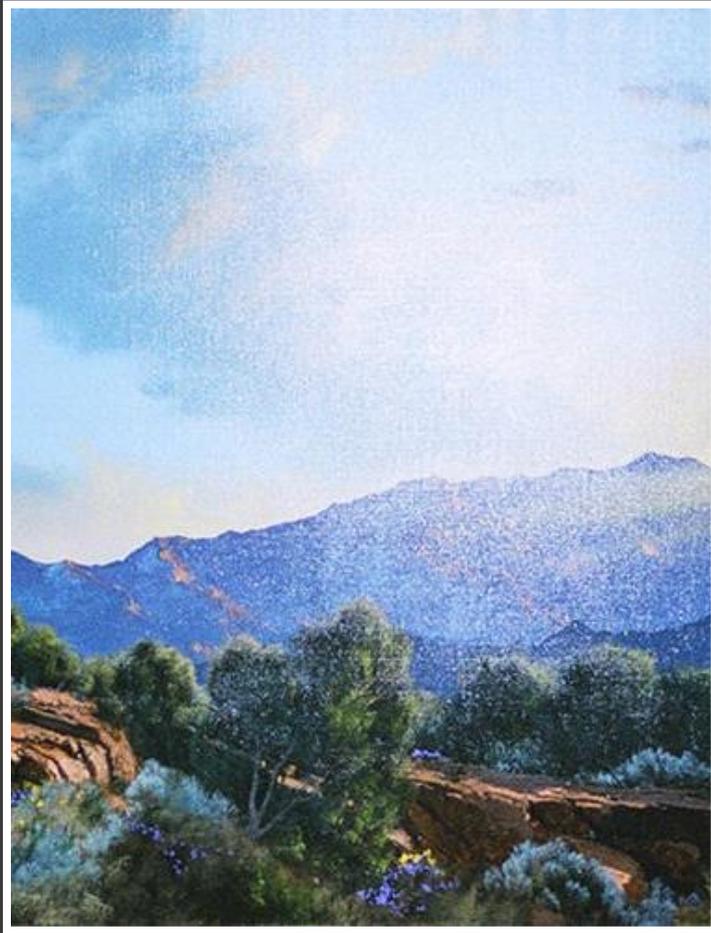
22 Wives, submit yourselves unto your own husbands, as unto the Lord.

23 For the husband is the head of the wife, even as Christ is the head of the church: and he is the savior of the body.

24 Therefore as the church is subject unto Christ, so let the wives be to their own husbands in every thing.

Proverbs 5:18 (KJV):

18 Let thy fountain be blessed: and rejoice with the wife of thy youth



❖ **Refill** – Your emotional love tank needs to be filled up to the top (the opposite is to be empty).

❖ **Rejoice** – Celebrate, be pleased about, cheer, be glad, and delight.



Rejuvenate

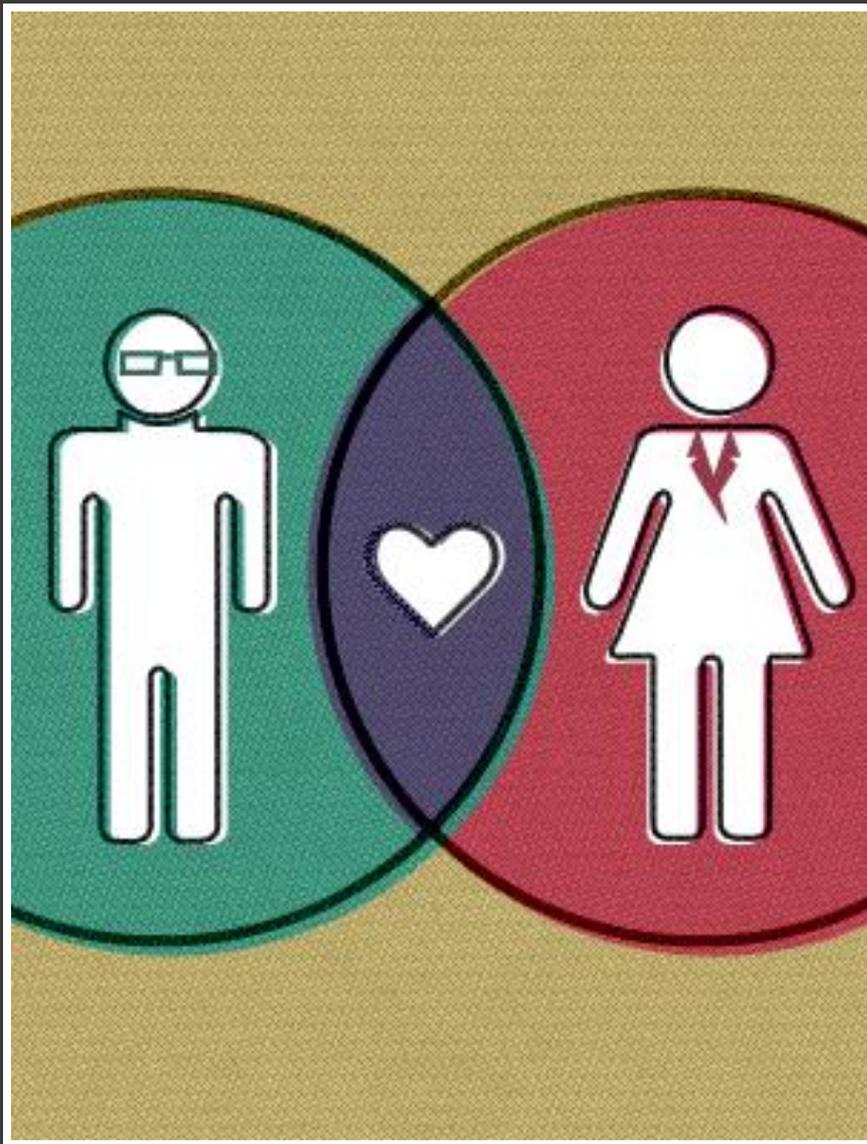
2 Corinthians 3:18 (KJV):

18 But we all, with open face beholding as in a glass the glory of the Lord, are changed into the same image from glory to glory, even as by the Spirit of the Lord.



❖ **Innovation**– Do things that will improve and change your relationship for the better.

❖ **Rebuilding**– Be willing to invest the time, effort, and energy that is necessary to transform your relationship.



Guidelines For Building a Relationship

- | | |
|---------------|---------------|
| Time | 9. Giving |
| Sharing | 10. Forgiving |
| Respect | 11. Trust |
| Listening | 12. |
| Understanding | |
| Attention | 13. Approval |



things in his ear.

2. Laugh at his jokes.

3. Create a mood by putting on his favorite music before he comes home from work.

4. Make a list of all the things you admire about him, and place it next to his plate.

5. Decorate your bedroom FIT FOR A KING AND QUEEN.

6. Give him a full body massage, oil, candles, and soft music.

7. Find out what his favorite are, his foods, colors, movies, and music.

8. Brag on his latest accomplishments in front of him with good friends.

9. Take out an ad in the local newspaper with a list of the ten things you like best about him.

10. Read poetry to him.



certificates, and awards in a place where others can see them.

13. When he makes a mistake, refrain from saying “I told you so.”

14. Write a poem about him, and frame it as a gift.

15. Take out your wedding pictures and look at them together.

16. To celebrate him achieving a personal goal, cook his favorite meal.

17. Give him a stationery set with his name imprinted on it.

18. Tell him he smell great.

19. Tell him he looks sexy.

20. The next time he get lost while driving, let him know that it's okay as long as you are with your best friend.



22. Meet him at the door wearing something soft and sexy.

23. Praise his latest “handyman” project.

24. Admire his muscles.

25. At the next family gathering, brag about his latest accomplishment.

26. Ask for his advice on an important decision.

27. If he’s into sports, let him enjoy watching. In fact, join him.

28. Get him a card from the friendship section to show how you cherish his friendship above all others.

29. Tape a note to the bathroom scale that says “perfect!”

30. Readily accept his apology for forgetting an event that was very important to you.



your best.

33. Take his side if he finds himself upset or in a dispute with someone else.

34. Ask him to help you come to a conclusion in an important matter.

35. Identify and thank him for the little things he's done to make you feel wanted and cherished.

36. Ask him about things at work.

37. If he travels away from home, send an assortment of small gifts one for each day while he is gone.

38. Fix him breakfast in bed "just because."

39. Have a glamour photo made of you for his office and wallet.

40. Plan a week's menu of all his favorite foods.



42. Put a love note in his coat pocket.

43. Surprise him with his favorite sweets.

44. Send him flowers at work.

45. Compliment him on his appearance.

46. Ask him “if he had to write a book about his life, what would the title be?”

47. Rent a love story to watch together.

Give him a foot massage.

49. Call him at work just to say thank you for something he’s done for you recently.

50. Turn your bedroom into a romantic hide-away for dinner, flickering candle light, alluring music, and mouth-watering fare.



concerns, and keep a prayer journal of things you're praying for him.

53. Leave an enticing message for him on his answering machine.

54. Hold his hand when walking together.

55. Say, "I'm sorry" even when you think you're right.

56. Ask him about his happiest memories as a child.

57. Put a love note on the steering wheel before he heads off to work.

58. Go fly a kite together.

59. Take him out to the ball game.

60. Take him out to the action/adventure movie and share a tub of popcorn.



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61. Spend several minutes just kissing him lightly on the face, eyelids Forehead, nose, and chin.

62. Take out your wedding pictures and look at them together.

63. Read to him from Song of Solomon in the Bible.

64. Make special coupons of his favorite things, give them to him as a gift to redeem whenever he wants to.

65. Be the first to initiate sex sometimes.

